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PERFUMER'S LEGACY  
OR  
COMPANION TO  
THE TOILET.  
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**THE PERFUMER'S LEGACY;**

**OR**

**COMPANION TO THE TOILET.**

PERFORMERS' LEAGUE



**THE  
PERFUMER'S LEGACY,**

**OR**

**COMPANION TO THE TOILET.**

**CONTAINING**

**A TREATISE UPON THE HUMAN HAIR;**

**DIRECTIONS FOR ITS**

**CULTURE, PRESERVATION, AND EMBELLISHMENT;**

**AND ADVICE UPON**

**THE USE OF THE MOST SUPERIOR HAIR-DYE.**

**FORTY RECIPES FOR PREPARING GENUINE PERFUMERY,**

**AND TWO HUNDRED USEFUL MISCELLANEOUS RECIPES.**

**BY R. B.**

**A RETIRED PERFUMER.**

**LONDON:**

**KENT AND RICHARDS, 51 & 52, PATERNOSTER ROW;**

**AND BY ALL BOOKSELLERS.**

**1850.**



C. AND J. ADLARD, PRINTERS, BARTHOLOMEW CLOSE.

# INTRODUCTION.

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## PERFUMERY.

Vegetable Extract.	Violet Water.
Millefleur.	Pomade Divine.
Bouquet.	Eau de Cologne.
Macassar Oil.	Essence of Cedrat.
Essence of Cinnamon.	An Excellent Tooth-powder.
Essence of Violets.	Musk Water.
Essence of Lemons.	Rose Water.
Rondeletia Perfume.	Orange Flower Water.
Substitute for Bear's Grease.	Beautifully Fair Face and
Various Scented Pomatums.	Hand.
Cold Cream.	Beautiful Face and Hand.
Rose Cream.	To Strengthen and Cleanse
Circassian Cream.	the Hair, and promote its
Essence of Ambergris.	Growth.
Essence of Musk.	Odonato for the Teeth.
To Promote the Growth of	An Excellent Lavender
Whiskers, Mustaches, and	Water.
Eyebrows.	Fixature à la Bandoline for
Spirit of Jasmin.	the Hair.
Spirit of Roses.	Excellent Perfume for Gloves.
Essence of Cloves.	To make the Hair grow on
Bloom of Roses.	a Bald Part.
Spirit of Lavender.	A Beautiful Scented Oil for
Jasmin Water.	Ladies' Hair.
Spirit of Musk.	

In submitting the above invaluable Recipes to the public, the Proprietor begs to observe

that, being thoroughly acquainted with the several operations required for preparing the same, he has given distinctly and unreservedly every particular relative to the exact quantities of each article requisite for the completion of the recipes. It is a well known fact, that perfumery is an expensive article, especially with those whose demands are great (which, in numerous families, is the case). To such, this collection of recipes is of paramount importance; as, for one pound expended, five pounds' worth may readily be obtained, equal to the perfumery generally sold, and far superior to that usually offered for sale.

It should be observed, when preparing creams, pomatums, pomades, and a substitute for bear's grease, that all fat required for the same should be gradually melted. For this purpose, it must be placed in an earthen jar, within a saucepan of cold water, and put on the fire; by which means it will dissolve as the water heats. By doing this, any of the above-named articles will be prevented from becoming rancid, and will consequently keep

genuine and retain their properties for many years. Each article must also be well beaten up when cooling.

It should also be observed, that the essences and spirits are made with the best rectified spirit of wine: the common spirit will not answer any one's expectation so well.

The perfumed waters must also be particularly attended to. The water used must be clarified soft or rain water, as it much better receives the perfume, and throws out, to a far greater degree, its exhilarating influence.

The articles required, as best for preparing genuine perfumery, should be obtained from the wholesale druggist, which will at once insure a great saving in its manufacture.

Spirits, essences, and waters must each be well filtered; for which purpose, in some instances, white blotting paper may be used.

Small quantities may be divided as required.

To render this little work of increased importance to every family in the kingdom,

200 practical and tried recipes, adapted to heal or mitigate the various diseases incident to man, are also added, viz.:

Ague.	To clean the Teeth.
St. Anthony's Fire.	To prevent the Toothache.
Apoplexy.	Teeth set on Edge.
Asthma.	Extreme Thirst.
A Dry Asthma.	Numbness of the Limbs.
To cure Baldness.	Swimming of the Head.
Venomous Sting.	Inability to Sleep.
Sting of a Bee.	Bite of a Rattle-snake.
Sting of Nettles.	An Ulcer.
Sting of a Wasp.	Ulcer in the Gum or Jaw.
Stitch in the Side.	Fistulous Ulcer.
Accidental Sickness.	To stop Vomiting.
Pain in the Stomach.	To prevent Bleeding at the
To prevent profuse Sweating.	Nose.
To cure Night-sweats.	Spitting of Blood.
Swelled Glands in the Neck.	Vomiting of Blood.
Casual Swelling.	Blisters on the Feet.
White Swelling.	To cure Boils.
To Fasten the Teeth.	To cure a Bruise.
Lunacy.	To prevent Swelling from a
Madness.	Bruise.
Bite of a Mad Dog.	To cure a Swelling from a
Measles.	Bruise.
Mortification.	A Burn or Scald.
Nervous Diseases.	Deep Burn or Scald.
To revive from Old Age.	Cancer in the Breast.
Pain in the Back.	Cancer in any other Part.
Sunburn Smarting.	Cancer in the Mouth.
Palsy.	Inflamed Legs.
Palsy in the Hands.	Sore and Running Legs.
Palsy in the Mouth.	Leprosy.

- Lethargy.  
 A Person apparently killed  
     by Lightning.  
 Skin rubbed off.  
 Smallpox.  
 A long running Sore in the  
     Back.  
 A sore Leg.  
 Sore Mouth.  
 Sore Throat.  
 Inflamed Sore Throat.  
 Putrid Sore Throat.  
 Sprain.  
 Weakness after a Sprain.  
 To cure Chilblains.  
 Rickets in Children.  
 Hooping Cough.  
 Colic or Flux in Vomiting.  
 To prevent Chapped Hands.  
 To cure Chapped Hands.  
 To cure Chapped Lips.  
 To cure a Severe Cold.  
 Cold in the Head.  
 Colic in the Fit.  
 Dry Colic.  
 Colic in Children.  
 Warts.  
 Weakness in the Ankles.  
 To cure a Soft Wen.  
 Whitlow.  
 Worms.  
 Wounds.  
 Inward Wounds.  
 Putrid Wounds.  
 Pain in the Bowels.  
 To take away Pock-marks.  
 For a Pimpled Face.  
 To recover the Speech.  
 For a continually Sweet  
     Breath.  
 Gold-coloured Varnish.  
 To stop the Bleeding from a  
     Leech.  
 To kill Bugs.  
 To make good Black Writing  
     Ink.  
 For Bad Breath.  
 To save a Man's Sight for a  
     long Time.  
 To prevent a Red Face.  
 Pains in the Loins.  
 To make the Face very Fair.  
 A Gnawing about the Heart.  
 To make the Hair grow  
     fastly.  
 To keep the Gums from  
     Wasting.  
 Bad Headache.  
 Headache from Heat.  
 Stoppage in the Head.  
 Heartburn.  
 Hiccup.  
 To cure the Hiccup.  
 Hoarseness.  
 Jaundice.  
 To cure the Itch.  
 King's Evil.  
 To bring Hair upon Bald  
     Parts, either of Dogs or  
     Cats.  
 Lameness from Contraction.  
 High Fever or Delirium.  
 Intermitting Fever.  
 Fever-pains in the Limbs.  
 Rash Fever.  
 Slow Fever.

To destroy Fleas and Bugs.	A good Medicine for the Liver
To cure Phlegm.	To make a Nail grow on the
Gout in the Stomach.	Toe.
Gout in the Foot or Hand.	Trembling of the Heart.
Gout in any Limb.	Good Medicine for the Heart.
Scald Head.	French Polish.
Scorbutic Gums.	Red Writing Ink.
Scurvy.	Indelible Writing Ink.
Broken Shin.	Ear-ache.
Sickness in the Morning.	Noise in the Ears.
Bilious Colic.	Bland Eyes.
To prevent ill effects from	Bloodshot Eyes.
Cold.	Blindness.
Consumption.	Films over the Eyes.
To prevent Corns.	Sore Eyes.
To cure Corns.	An excellent Eye-water.
To cure a Cut.	Weak Eyes.
Tickling Cough.	Fistula.
Costiveness.	Falling Sickness.
To prevent the Cramp.	Extreme Fatness.
To cure the Cramp.	A Fever.
Convulsions in Children.	Rupture.
Consumptive Cough.	Rupture in Children.
Deafness.	To prevent the Plague.
Deafness from Wax.	To cure the Plague.
Deafness with Dry Ear.	A Prick or Cut that Festers.
Settled Deafness.	To prevent Rheumatism.
Dropsy.	To cure Rheumatism.
Drowning.	Running at the Nose.
To restore the Voice.	Ringworm.
Melancholy.	Quinsey.
Memory.	An excellent Remedy for the
Weakness of the Brain.	Toothache.

# ON THE HUMAN HAIR;

WITH

TWENTY DIRECTIONS FOR ITS CULTURE, PRESERVATION, AND EMBELLISHMENT.

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Proper Method of Brushing the Hair, preventing Injury to the Roots.

Proper Time to be observed for Cutting the Hair.

What best to be used after Bathing the Head.

Ill Effects of any Application (if not quite clean) to the Hair.

State of the Hair, when application is resorted to.

On the Ill Effects of Soap Lather mixing with the Hair.

Method to be used by Ladies previous to papering the Hair.

Method of obtaining Natural Curls, for Ladies.

Method of obtaining Natural Curls, for Gentlemen.

Proper Treatment of Children's Hair.

On cutting Children's Hair—to prevent ill effects.

On Gentlemen's Whiskers—how to procure them thickly and well-set.

Management of the Eyebrows.

Treatment of the Hair after it has been Dyed.

Treatment and Remedy for Gentlemen's Hair, when getting thin and weak.

Treatment and Remedy for Ladies' Hair, when getting thin and weak.

Treatment of the Head, when the Scurf is broken and annoying.



Method of Applying the best Article for the Removal of Scurf.

What best to use for the Hair in its Moist or Harsh State.

The best Application to produce a healthy appearance of the Hair.

Proper Method of applying any Article whatever to the Hair.

IN every age, the human hair, when flowing in its natural beauty, has been the theme of praise. Its adornment of the beauty of the face all must admit—consequently own its worth; and, this acknowledged, the author aims to uphold its value; for, whether a beautiful head of hair be seen in the humble cottage or in the circles of the great, it yields an equally pleasing sensation of its natural beauty and value; and, when admiring it in the family circle, will ever raise feelings of affectionate regard—

For loved lock on loved friend  
Makes love still strong unto the end.

The human hair being more generally eulogised than many other of the Creator's gifts (that is, in its preserved, unblemished state), how requisite it is to retain this necessary ornament, and folly indeed to neglect

the means of so doing. All persons are not alike bountifully blessed with a healthy, flowing head of hair—neither is abundance apparent in every garden; yet, by culture and perseverance, vegetation is greatly assisted by the pruning-hook and the gardener's nursing and tenderness.

The hair, to give it an appearance of beauty, not only requires great attention and care, but much tenderness, the roots being planted upon delicate soil. The scalp of the head is of such a texture as to require the most careful application; and the fluid in each hair (every one being porous) is affected according to the treatment which the scalp of the head receives. Too much brushing is injurious to the hair: no brushing at all is more so. Much brushing inflames the pores upon the scalp, and consequently affects the fluid; the fluid affected, affects the hair: and it, being thus affected, either falls off or turns grey; for, the cause of the hair falling off is, that the fluid, being affected, cannot stimulate its growth; and the reason of the hair turning

grey is, that the fluid, by irritation, becomes too much inflamed and of too heating a property, consequently destroying its original shade. The fluid, getting thus inflamed, is soon destroyed by its own defect, the hair suffering accordingly—a fact which has been repeatedly proved. Frequently curling the hair with irons (not having been previously soaked with grease or oil), generally turns it grey. The cause of this is, that the hot irons are too powerful for the fluid, drying it up, and the hair consequently perishes, which is prevented by saturating the hair as above mentioned. Oil is preferable to grease previous to curling. Many persons act injudiciously in applying neat spirit to the head. This is sure destruction to the hair; but, add as much water as spirit, and its effect is counteracted. There are others, also, who act very wrongly in using a superfluity of oil or grease to the hair, when it is, in its original state, generally moist. In this case the hair cannot prosper or look healthy: the fluid cannot act so much against that which so

nearly approximates to its own property. Some there are, who materially injure their hair by bathing the head and temples with vinegar, which, though not so injurious as neat spirit, is prejudicial to the fluid : vinegar and water temporises the fluid, and does no injury. It also requires to be observed, that perfumes, viz. Eau de Cologne, Millefleur, Bouquet, &c., if applied to the head at all, should be mixed with a portion of water : the fluid should not be irritated by any kind of spirit alone. After bathing in salt water, the hair generally becomes covered with an adhesive property, which should be removed as quickly as possible, by the use of hair-wash, applied with a soft brush, without penetrating to the pores of the head, immediately applying some Macassar oil, which is generally far preferable to grease after bathing. Harsh or stout hair requires a much greater application than either fine or weak hair. Various are the constitutions of persons, and weak or sickly ones require but little application to the hair ; whereas, on the contrary, &c.

person in full health may apply it to the hair rather unsparingly. The constitution being strong, will cause the fluid to be much heated, drying it up much more quickly, and demanding a greater application. To conclude, some plain directions are here given, which may be relied upon, as efficacious to this beautiful ornament.

1. Never brush to the pores on the scalp of the head with a very hard brush. It can only be used with safety upon the thick part of the hair.

2. Apply always to a good practical hair-cutter, that every hair may receive a stimulant from cutting. This should be attended to at least once in the month ; and, if the hair is weak or getting thin, once a fortnight is not too much.

3. The hair should never be washed without using Macassar oil rather freely, immediately after the hair becomes dry.

4. Never apply oil or grease to the hair if any dust remain upon it. This has prevented many beautiful heads of hair from appearing to advantage, and has also destroyed it, by preventing the fluid from performing its natural course.

5. Carefully observe the state of the hair, whether it is moist or harsh. The same quantity should not always be applied.

6. Prevent any soap-lather from mixing with the hair, as it takes away its original shade, causing it to turn red.

7. Ladies, wishing their hair to curl naturally or without much trouble, should use curling fluid sparingly before papering. Their hair should also be gently brushed previous to this, as the hairs, by getting entangled with the paper, become destroyed.

8. Gentlemen, wishing their hair to curl naturally, need nothing more than a little

Macassar oil, mixed with a little gum Arabic and soft water. Let it dry gradually.

9. Always apply a soft brush to children's hair, and, after washing it, use a little pomade divine or cream. Never let it go beyond the month without cutting, and keep it as much as possible from entanglement. If the hair is coarse, less cutting is required.

10. Never allow children's hair to be thinned—it spoils the best hair; but ease the head (if required) by shortening it.

11. Gentlemen wishing to procure a thick-set pair of whiskers, should get the part shaved twice in the day. This will also bring whiskers quickly (if there is any appearance of roots) upon almost every face.

12. Never cut the eyebrows, unless to make them thick and long.

13. The hair being dyed, carefully smooth

it with a soft brush, and then apply Macassar oil.

14. Gentlemen who find their hair getting thin and weak, should immediately have the part shaved twice in the week, and afterwards wash it with warm water. When dry, apply the recipe for bringing the hair. Cutting, in some cases, will renew it.

15. Ladies require no better remedy than the preceding.

16. Persons subject to scurf upon the scalp of the head should be very careful in using the small tooth comb. Pressing it too closely to the head raises the scurf, which, once broken, may continue for years. Use the comb but seldom while the scurf remains.

17. The very best means of removing the scurf from the head is the application of vegetable extract, mixed with a little water.



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18. It is to be particularly observed that, if the hair is inclined to be moist, oil should be used ; if harsh, grease should be applied.

19. To give a healthy appearance to the hair, wash the head with rosemary water.

20. The best means of applying either grease or oil to the hair is with a soft brush. It should be disturbed as little as possible with the hands.

ADVICE  
UPON THE USE OF  
THE MOST SUPERIOR HAIR-DYE.

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MUCH care is required in the application of hair-dye, of paramount importance, and to impress this consideration upon the public mind, the following advice is given by one, whose experience enables him to speak with the most perfect assurance; and, having treated upon the Human Hair, he feels it his duty to aid in advising upon the proper use and application of this article, now connected with the toilet. Persons resorting to the use of hair-dye should seriously consider two points:—the superiority of the article, and probable places to obtain it. Advertising upon the property of hair-dye has

become frequent ; but it is a lamentable fact, that many dyes are sold and used which are destructive to the human hair. Thousands have had much cause to regret their hurried purchases of this article, by finding, to their inexpressible regret, its injurious result upon their hair—purchasing a mixture of quicklime, litharage, and nitrate of silver.

Hair-dye has now become a necessary appendage to the toilet, to aid in embellishing the hair with a beautiful brown or black, far surpassing red or grey hairs, which give to many the appearance of old age. There are thousands of persons who neglect the preservation of their hair, bringing upon themselves, as a natural consequence, “grey hairs.” The advice given, therefore, is intended to prevent, if possible, the mischievous results arising either from this neglect or the use of a spurious article, and to furnish a directory to an attested, genuine dye. Experience and practice will go hand in hand with correct theory; and these, combined, are the groundwork of this recommendation, which arises

from a positive acquaintance of the properties of hair-dye. Nearly thirty years' experience has furnished sufficient opportunities to ascertain this fact. The public may now avail themselves of this advice, and purchase the Atrapilatory Hair-Dye, sold by the most respectable perfumers and chemists. This article is, beyond doubt, "*genuine.*" The Chinese Liquid Hair-Dye may also be relied on. Its properties having been analysed by many, and tested by the public for many years, will sufficiently speak for its merits. It is indeed advisable, that all should refrain from casually purchasing a spurious kind of hair-dye, and risking the destruction of their hair; and this earnest recommendation is given accordingly

The excellencies of the Antrapilatory Hair-Dye, and of the Chinese Liquid Dye, are thus briefly stated:—In the first place, their properties are quite harmless, causing no eruption or redness upon the skin (enabling the most delicate person to use them with confidence and safety); being also free from

any injurious ingredients (which many other dyes contain), imparting no injury whatever to the hair. Secondly, the easy application, little trouble, and quick result. And lastly, the beautiful dye it imparts, whatever the colour of the hair; and, instead of causing a dull, objectionable-looking shade (so frequently observable in the use of many other dyes), at once imparts a beautiful, healthy appearance, defying detection of its being dyed, and also insures permanency after the application. This eulogy upon the Atrapilatory Hair-Dye, and Chinese Liquid Dye, is not treated upon with the view to advance the interests of establishments selling the articles, but the more important consideration of preventing much evil, and to guard and advise those who would otherwise be ignorant of what is assuredly destructive to the hair, causing sorrow and regret, instead of pleasure, in the contemplation of having materially improved their personal appearance.

FORTY RECIPES  
FOR PREPARING  
GENUINE PERFUMERY.

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*Vegetable Extract.*

To a pint and a half of spirit of wine, add two ounces of honey dissolved in two drachms of essence of bergamot; then add one ounce of essence of lemons, and half an ounce of essence of cloves. Mix and filter well.

*Millefleur.*

To a pint and a half of rectified spirit of wine, add one ounce of spirit of jasmin, two drachms of essence of bergamot, and one drachm of essence of lavender. Mix well and filter.

*Bouquet.*

To a pint and a half of rectified spirit of wine, add one ounce of spirit of rosemary, two drachms of essence of bergamot, and one ounce of essence of violets. Mix well, and twice filter. Use in seven days.

*Macassar Oil.*

To one pint of olive oil (coloured with alkanet-root), add ten drops of oil of cinnamon, half an ounce of essence of cloves, and four drops of oil of thyme. The scents to be put in when the oil is quite cold. Keep well corked.

*Essence of Cinnamon.*

To half a pint of rectified spirit of wine, add one ounce of cedrat. Let it stand for five days; well filter; bottle and cork.

*Essence of Violets.*

To half a pint of rectified spirit of wine, add one ounce of orris root, and one ounce of fresh violet leaves. Let it remain for seven days; then pour off and well filter; bottle and well cork.

*Essence of Lemons.*

To half a pint of rectified spirit of wine, add two ounces of lemon peel. Let it remain for fourteen days ; then pour off, adding a little essence of bergamot. Filter well ; bottle and cork.

*Rondeletia Perfume.*

To one pint of rectified spirit of wine, add one drachm of oil of bergamot, one drachm of essence of lemons, half a drachm of oil of lavender, one drachm of oil of cloves, one drachm of oil of carraway, six drops of otto of roses. Put the spirit into a stop-bottle, add the articles mentioned, and well agitate the mixture. Allow it to stand twelve hours, and *filter well*.

*Substitute for Bear's Grease.*

To one pound of clarified pork lard, add two ounces of oil of tartar, half an ounce of essence of cloves, and two drachms of essence of bergamot. Let the lard cool before adding any of the scents, and pot while cooling.



*Various Scented Pomatums.*

To one pound of lard and half a pound of mutton suet, add two ounces of rose water ; and, when getting cool, put in six drops of otto of roses. Mix well and put in pots before getting cold. Jasmin, Violet, Orange, and all other pomatums are made with the same quantity of scented waters, and one drachm of each essence. Beat up well with a wooden spoon before potting. Keep the lard three days in cold water before using.

*Cold Cream.*

To one pound of clarified pork lard, add two drachms of spermaceti, and two ounces of majestic of bismuth. Scent with ten drops of otto of roses. Add the articles to the lard when it is getting cool, and pot while cooling. Dissolve the lard gradually, as directed in the remarks for each receipt.

*Rose Cream.*

To half a pound of clarified pork lard, add a quarter of a pint of salad oil (previously coloured with alkanet-root). When cooling, add ten drops of otto of roses, and pot.

*Circassian Cream.*

To half a pound of clarified pork lard, add four ounces of beef marrow. When cooling, add one ounce of essence of bergamot, half an ounce of essence of lemon, and three drops of oil of time. Pot before cold.

*Essence of Ambergris.*

To half a pint of rectified spirit of wine, add twenty-four grains of pounded ambergris. Let it remain for seven days; pour off and well filter; bottle and well cork.

*Essence of Musk.*

In one ounce of essence of bergamot, let sixteen grains of musk lay for seven days. Pour off and well filter; bottle and well cork.

*To Promote the Growth of Whiskers,  
Moustaches, and Eyebrows.*

Take one ounce of beef marrow and one ounce of mutton suet; simmer together gradually on the fire; add a quarter of an ounce of white wax while hot, and a little rosemary water. When cooling, add a small quantity of rum. Rub the part, on which you want

the hair to grow, with a coarse towel. This is very necessary, the pores requiring to be acted upon before applying. This recipe is very precious, and of infinite value. Scent with a quarter of an ounce of essence of bergamot, or of essence of lemons.

*Spirit of Jasmin.*

To half a pint of rectified spirit of wine, add eighteen drops of essence of jasmin. Well agitate; bottle and well cork.

*Spirit of Roses.*

To half a pint of rectified spirit of wine, add ten drops of otto of roses. Well agitate; bottle and well cork. To make it stronger of the rose, put one ounce of fresh rose leaves in the spirit. Let it lay for two days; clear off, and add the otto of roses.

*Essence of Cloves.*

To half a pint of rectified spirit of wine, add one ounce of pounded cloves. Let it remain for seven days; pour off and well filter; bottle and cork.

*Bloom of Roses.*

The best and most harmless is a small quantity of ammonia carefully mixed with carmine. Use wadding in laying it on the face.

*Spirit of Lavender.*

To half a pint of rectified spirits of wine, add one drachm of essential coats of lavender. Well agitate; bottle and well cork. Any of these spirits are fit for use after five days.

*Jasmin Water.*

To half a pint of clarified soft water, add one drachm of spirit of jasmin. Well agitate for three days; filter; bottle and well cork.

*Spirit of Musk.*

To half a pint of rectified spirit of wine, add one drachm of essence of musk. Well agitate; bottle and well cork.

*Violet Water.*

To half a pint of clarified soft water, add two drachms of essence of violets. Well

agitate for three days; filter; bottle and well cork.

*Pomade Divine.*

To one pound of mutton suet, add a quarter of a pound of beef marrow, one ounce of white wax, three quarters of an ounce of bergamot, three quarters of an ounce of essence of lemons, a quarter of an ounce of oil of lavender, and a quarter of an ounce of marjoram. Add the scents while cooling, and then pot.

*Eau de Cologne.*

To a pint and a half of rectified spirit of wine, add two ounces of spirit of rosemary, two drachms of essence of bergamot, half a drachm of essence of lemons, one drachm of neroly, and one drachm of essence of ambergris. Filter well, let stand seven days, and occasionally well agitate. Bottle and well cork it.

*Essence of Cedrat.*

To half a pint of rectified spirit of wine, add one ounce of neroly. Let it stand five days, filter well, and bottle.

*An Excellent Tooth-powder.*

To one ounce of Peruvian bark, add an ounce of crust of bread, rasped fine; then add one ounce of burnt sugar, pounded fine, and half an ounce of orris-root in powder. Scent slightly with three drops of otto of roses.

*Musk Water.*

To half a pint of clarified soft water, add one drachm of spirit of musk. Well agitate it for three days; filter; bottle and well cork.

*Rose Water.*

To half a pint of clarified soft water, add one drachm of spirit of roses. Well agitate for three days; well filter, and bottle and cork.

*Orange Flower Water.*

To half a pint of clarified soft water, add one drachm of spirit of oranges. Well agitate for several days; filter; bottle and well cork.

*Beautifully Fair Face and Hand.*

Pearl powder, if rubbed over the skin with a piece of cotton, will give the face and hand an artificial whiteness and transparency. Use it sparingly.

*Beautiful Face and Hand.*

Take flowers of garden cowslips, boil, and make an ointment therewith. Gently rub the face and hands with the ointment once or twice a day. This takes away spots and wrinkles.

*To Strengthen and Cleanse the Hair, and promote its Growth.*

Put a small quantity of fresh-gathered rosemary into a pot, add about a pint and a half of boiling water, and let it stand for an hour or two. While in the pot, add two teaspoonfuls of honey and one of loaf sugar. Then add a small piece of old brown Windsor soap, and a wineglass of rum (if intended for keeping long, two glasses). Spirit of wine will answer, but the rum assists to stimulate. Apply with a sponge or flannel. This will clean and give the hair a healthful appearance. Scented with half an ounce of essence of thyme, and half an ounce of essence of cloves.

*Odonto for the Teeth.*

Well boil and skim one pound of honey; add a quarter of a pound of bole-ammoniac, one ounce of dragon's blood, one ounce of oil of sweet almonds, half an ounce of oil of cloves, eight drops of essence of bergamot, and a gill of honey-water. Mix well together, and put for use.

*An Excellent Lavender Water.*

To half a pint of rectified spirit of wine, add half a pint of spring water, a quarter of an ounce of good British oil, a quarter of a drachm of essence of ambergris, and a quarter of a drachm of essence of musk. Mix all well, and filter twice; bottle and well cork.

*Fixature à la Bandoline for the Hair.*

Take one ounce of American pippins, put them into half a pint of olive oil, and stew them well on the fire; then strain them, and add a quarter of an ounce of essential oil of almonds; bottle and well cork.

*Excellent Perfume for Gloves.*

Take one drachm of ambergris and the



like quantity of civet ; add a quarter of an ounce of flour and butter. Mix them well. Rub the gloves over gently with fine cotton-wool, and press the perfume with them.

*To make the Hair grow on a bald Part.*

Take goose grease, oil of hempseed, and honey, of each a quarter of a pound, and one pound and a half of beef marrow. Melt them in an earthen pipkin, and keep the mixture well stirred with a wooden spoon till cold. Beat well and pot. Apply every night and morning. After the ingredients have simmered together for one hour, strain the liquor off, and let the substance stand till cold ; scent as required.

*A beautiful Scented Oil for Ladies' Hair.*

Take a small quantity of almond oil, and add a little of each of the essences of bergamot, lemons, and cloves. This produces a very agreeable and mild odour, and also imparts a fine gloss to the hair.

# TWO HUNDRED RECIPES

FOR

## BODILY AILMENTS.

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### *Ague.*

Take from ten to twenty drops of laudanum, with two drachms of syrup of poppies, in any warm liquid, half an hour after it begins. Or, take a teaspoonful of spirit of hartshorn in a glass of water.

### *St. Anthony's Fire.*

Take a glass of tar water warm in bed every hour, washing the part with the same. Tar water is thus made: Put a gallon of cold water to a quart of Norway tar; stir them together with a flat stick for five minutes. After it has stood for three days, pour off the water clear; bottle and cork.

*Apoplexy.*

Put a handful of salt into a pint of cold water, and, if possible, pour it down the patient's throat. This will revive persons who appear to be dead.

*Asthma.*

Take half a pint of cold water twice a day, as also from ten to thirty drops of elixir of vitriol in a glass of water two or three times a day.

*A Dry Asthma.*

Drink one pint of new milk morning and evening.

*To cure Baldness.*

Rub the part morning and evening with onions till it is red, and rub it afterwards with honey; or wash it with a decoction of boxwood.

*Venomous Sting.*

Apply the juice of honeysuckle leaves to the part affected.

*Sting of a Bee.*

Honey is very good, if mixed with oil, to draw out the sting.

*Sting of Nettles.*

Rub the part with the juice of nettles, but previously wash with warm water.

*Sting of a Wasp.*

Apply either treacle, sweet oil, bruised onions, or garlic.

*Pain in the Side.*

Apply treacle, spread on a hot toast. Keep it there for half an hour.

*Accidental Sickness.*

Vomit with a quart of warm water. Do this twice or thrice, omitting a day between.

*Pain in the Stomach.*

Take fasting, and while the pain is on, half a pint of camomile tea. Do this for five or six mornings.

*To prevent profuse Sweating.*

Mix an ounce of Peruvian bark with half an ounce of spirit of vitriol. Take two tea-spoonsful morning and night in a glass of water.

*To Cure Night-Sweats.*

Drink a gill of warm milk at lying down.

*Swelled Glands in the Neck.*

Take sea-water every other day, fasting previously.

*Casual Swelling.*

This is frequently cured by warm steams, or by opodeldoc and oil, mixed.

*White Swelling.*

Hold the part for half an hour every morning under a pump or tap. This also cures pains in the joints.

*To Fasten the Teeth.*

Gargle the mouth with alum and water. It must be spring water.

*Lunacy.*

Give a decoction of agrimony four times a day; or rub the head several times a day with vinegar, in which ground ivy leaves have been infused; or take an ounce of distilled vinegar.

*Madness.*

Apply cloths dipped in cold water to the head; or pour out a kettle of cold water on the head; or eat nothing but bread and milk.

*Bite of a Mad Dog.*

Mix a pound of salt with a quart of water, squeeze butter into it, and wash the wound with this for an hour: then bind some salt upon it for twelve hours. The author of this recipe was bitten several times by mad dogs, and always cured himself.

*Measles.*

Drink only thin water gruel, milk and water, saffron water, or weak toast and water.

*Mortification.*

Apply a poultice of flour, honey and water, with a little yeast.

*Nervous Diseases.*

Take for breakfast mother of thyme tea. Eat veal, chicken, or mutton ; and sparingly of vegetables. Wine must be avoided; neither is tea proper. The best root is the turnip. Avoid sauces. Sometimes take at breakfast a quarter of an ounce of powder of valerian root, infused in hot water, adding cream and sugar thereto.

*To revive from Old Age.*

Take tar water morning and evening ; chew cinnamon daily, and swallow your spittle ; or take decoction of nettles. Either of these renew the strength for years.

*Pain in the Back.*

Apply a plaster ; take daily balsam of capaiva ; or apply garlic and hogslard to the back.

*Sunburn Smarting.*

Wash the face frequently with sage tea.

*Palsy.*

Use the cold bath, if under fifty ; or take tar water morning and evening.

*Palsy in the Hands.*

Wash them often in a decoction of sage, as hot as can be borne.

*Palsy in the Mouth.*

Chew mustard-seed often, and occasionally swallow the spittle.

*To clean the Teeth.*

Rub them with the ashes of burnt bread rather frequently ; or with grape-vine or cigar ashes.

*To prevent the Toothache.*

Wash the mouth every morning with cold water, and rince them after every meal ; or rub the teeth afterwards with tobacco ashes.

*Teeth set on Edge.*

Rub the top of the teeth with a dry towel.



*Extreme Thirst.*

Drink spring water, in which a little sal prunella has been dissolved.

*Numbness of the Limbs.*

Use cold bathing, and well rub afterwards till perspiration ensues.

*Swimming of the Head.*

Take a vomit or two; or take half a drachm of mustard-seed every morning.

*Inability to Sleep.*

Take a grain or two of camphor on going to bed. It is quite safe.

*Bite of a Rattle-snake.*

Apply bruised garlic; or rub the part with common oil for an hour.

*An Ulcer.*

Dry and powder a walnut-leaf; strew it on and quite cover the ulcer.

*Ulcer in the Gum or Jaw.*

Apply honey, mixed with a little spirit of roses and spirit of vitriol.

*Fistulous Ulcer.*

Apply bruised wood betony, and change it daily.

*To stop Vomiting.*

Apply a large onion (slit across the grain) to the pit of the stomach.

*To prevent Bleeding at the Nose.*

Dissolve two scruples of nitre in half a pint of water, and take a teacupful every hour. To cure the same, apply to the neck, behind and on each side, a cloth dipped in cold water; or put the legs and arms in cold water.

*Spitting of Blood.*

Take a teacupful of stewed prunes at lying down for two or three nights; or half a teaspoonful of Barbadoes tar on a lump of loaf sugar at night.

*Vomiting of Blood.*

Take two spoonsful of nettle-juice frequently.

*Blisters on the Feet*

Are cured by drawing a needleful of worsted through them. Clip it off at both ends, and leave it till the skin peels off.

*To cure Boils.*

Apply a little Venice turpentine, or figs frequently.

*To cure a Bruise.*

Immediately apply treacle, spread on brown paper.

*To prevent Swelling from a Bruise.*

Apply a cloth, five or six times doubled, dipped in warm water, renewing it when growing cold.

*To cure a Swelling from a Bruise.*

Foment it for half an hour, morning and evening, with cloths dipped in water as hot as you can bear it.

*A Burn or Scald.*

Immediately apply cold water to the part, and keep it covered for an hour; or put on a bruised onion; or apply oil, and strew on it powdered ginger.

*Deep Burn or Scald.*

Apply black varnish frequently with a feather.

*Cancer in the Breast.*

A cancer of thirteen years' standing was cured by frequently applying red poppy water, plantain and rose water, mixed with honey. Using the water alone, afterwards perfected the cure. Or rub the breast morning and evening with spirit of hartshorn, mixed with oil.

*Cancer in any other Part.*

Apply bruised red onions; or drink tar water daily, washing the cancer with it; and then apply a plaster of tar and mutton suet, melted together.

*Running at the Nose.*

Snuff up a teaspoonful of spirit of hartshorn with energy.

*Cancer in the Mouth.*

Mix as much burnt alum and black pepper as will lie upon a sixpence with an ounce of honey, and frequently touch the part with it.

*Inflamed Legs.*

Apply fuller's earth, spread on brown paper; or bruised turnips. This is often applied effectually.

*Sore and Running Legs.*

Wash them in brandy, and apply elder leaves, changing them twice a day. This will dry up all the sores, should the legs be very bad.

*Leprosy.*

Wash in the sea often and long; or drink half a pint of celery whey morning and evening.

*Lethargy.*

Snuff strong vinegar up the nose; or take half a pint of decoction of water-cresses morning and evening.

*A Person apparently Killed by Lightning.*

Plunge immediately into cold water.

*Skin rubbed off.*

Apply powdered allheal; or make a plaster of mutton suet, and bind round loosely.

*Smallpox.*

Drink largely of toast and water, or of milk with apples.

*A long running Sore in the Back.*

A person was cured by eating betons in everything.

*A sore Leg.*

Any sore is cured by a plaster of mutton suet, even though it festers or breed proud flesh.

*Sore Mouth.*

Apply the white of an egg, and beat up with loaf sugar.

*Quinsey.*

Slowly swallow white rose water, mixed with syrup of mulberries.

*Sore Throat.*

Apply flannel, sprinkled with spirit of hartshorn, to the throat, rubbing eau de Cologne, mixed with water, on the top of the head.

*Inflamed Sore Throat.*

Lay nitre, mixed with loaf sugar, on the tongue.

*Putrid Sore Throat.*

Lay upon the tongue a lump of sugar, dipped in brandy.

*Sprain.*

Hold the part in cold water for two hours; or mix a little turpentine with flour and yelk of egg, and apply it as a plaster. This cures in desperate cases.

*Weakness after a Sprain.*

This has been cured by fomenting with beef-brine.

*To cure Chilblains.*

Apply salt and onions, pounded together; or wash them, if broken, with tincture of myrrh, in a little water.

*Rickets in Children.*

Dip them in cold water, once at least in a day, till they are two years old.

*Hooping Cough.*

Rub the feet thoroughly with hogslard before the fire at going to bed, and keep the child warm therein; or rub the back with old rum at lying down.

*Colic or Flux in Vomiting.*

If the pain is severe, stripe the belly with flannel, dipped in spirits and water; or boil a chicken in two gallons of water for an hour, and drink of this till the vomiting ceases.

*To prevent Chapped Hands.*

Wash them with flour of mustard; or in bran and water, boiled together.

*To cure Chapped Hands.*

Wash them with soft soap, mixed with red sand.

*Ringworm.*

Apply pounded garlic, mixed with oil of sweet almonds and oil of tartar, twice a day.



*To cure Chapped Lips.*

Apply a little sal prunella frequently to the lips.

*To cure a Severe Cold.*

Drink a pint of cold water on lying down in bed; or a spoonful of treacle, in half a pint of warm milk and water.

*Cold in the Head.*

Pare the yellow rind of an orange very thin, roll it up, inside out, and thrust a roll of it into each nostril.

*Colic in the Fit.*

Drink a pint of cold water, or of camomile tea; or steep the legs in hot water for a quarter of an hour.

*Dry Colic.*

Drink ginger tea, at a moderate heat, rather frequently.

*Colic in Children.*

Give small doses of magnesia occasionally.

*Warts.*

Rub them daily with a radish, or with water in which sal ammoniac has been dissolved.

*Weakness in the Ancles.*

Hold them in cold water for a quarter of an hour morning and evening.

*To cure a Soft Wen.*

Wrap leaves of sorrel in a wet paper, and roast them in the embers. Mix them with finely sifted ashes into a poultice. Apply this warm daily.

*Whitlow.*

Apply treacle, or honey and flour; or poultice with bread and water.

*Worms.*

Take two teaspoonsful of brandy, sweetened with loaf sugar, every morning.

*Wounds.*

Bind leaves of ground ivy, or powder of yarrow, upon it.

*Inward Wounds.*

Infuse yarrow in warm water for twelve hours. Take a cupful four times a day.

*Putrid Wounds.*

Wash them morning and evening with warm decoction of agrimony.

*Pain in the Bowels.*

Take warm brandy and water, with a small quantity of rhubarb grated in it.

*To take away Pock-marks.*

Take the juice of fennel, make it luke warm, and anoint the face therewith three or four times a day.

*For a Pimpled Face.*

Take salt and the roots of plantain and verjuice; bruise them well together, and wash the face therewith.

*To recover the Speech.*

Take the juice of sage and primrose, and put into the patient's mouth. This is considered to be an effectual remedy.

*For a continually Sweet Breath.*

Take one ounce of sage, one ounce of rosemary flowers, half an ounce of cloves, two drachms of cinnamon, two nutmegs, and two grains of musk; make them all into a powder. Then take as much purified honey as will cover them; put all into a box, and set in the sun for five days. Take half an ounce morning and evening fasting. This recipe is invaluable, as it effectually removes a bad breath.

*Gold-coloured Varnish.*

Take sixteen ounces of boiled linseed oil, eight ounces of Venice turpentine, and five ounces of Naples yellow; heat the oil with the turpentine, and mix the Naples yellow in powder. Stir up well, and bottle.

*To stop the Bleeding from a Leech.*

Take the inside skin of an egg, and lay it on the part. It must be fresh, or it will not adhere to the skin.

*To kill Bugs.*

These vermin may be exterminated by the spirit of naphtha.

*To make good Black Writing Ink.*

Take six ounces of Aleppo galls, four ounces of gum Arabic, four ounces of sulphate of iron, and six pints of water; boil the galls in the water, then add the other ingredients, and keep the whole in a wooden or glass vessel, shaking the mixture occasionally. Strain it off in a month, and add three drops of creosote to each pint of liquor, to prevent mould. Keep it well corked in bottle.

*For Bad Breath.*

A decoction of rosemary in wine cures drowsiness and bad breath, helps dim eyes, and improves the sight.

*To save a Man's Sight for a long Time.*

Take a crop of rue and another of camomile, and eat them fasting with a fig or two, for three days a week. This will save the sight.

*To prevent a Red Face.*

Take sowthistles, borage, purslain, sorrel, barley, parsley-root, and liquorice, and boil

all together in water. Drink the first thing in the morning and last thing in the evening.

*Pains in the Loins.*

Take and seeth the leaves of red willows, and lay it on the loins as hot as the person can bear.

*To make the Face very Fair.*

Take the flowers of rosemary, and boil them in white wine. Wash the face therewith frequently, and drink of the same. After washing the face, let it dry by itself. Also take burnet water, wash the face, and let it dry by itself. The water of bean flowers is also good for the same.

*A Gnawing about the Heart.*

Take sage leaves and yarrow, grind them together, and temper them with ale. Strain, and drink thereof.

*To make the Hair grow fastly.*

Wash it with a strong decoction of rosemary every night, and dry it with flannel. Use Circassian cream in the morning.

*To keep the Gums from Wasting*

Gargle three times a day with salt and water, or with weak alum and water.

*Bad Headache.*

Rub the head for a quarter of an hour; or apply to each temple the yellow rind of an orange, newly pared off; or snuff up a little juice of horseradish, or camphorated spirit of lavender.

*Headache from Heat.*

Apply cloths, dipped in cold water, to the forehead for half an hour. Vinegar and water applied to the temples will also afford much relief.

*Stoppage in the Head.*

Snuff up the juice of primroses, keeping the head warm.

*Heartburn.*

Drink a pint of cold water; chew some peppercorns; eat a few oysters; or chew Spanish liquorice.

*Hiccup.*

Infuse a scruple of musk in a quart of mountain wine, and take a small glass every morning.

*To cure the Hiccup.*

Take a glass of water, holding the breath, or anything that will make you sneeze well.

*Hoarseness.*

Take a pint of cold water lying down, or rub the soles of the feet before the fire with garlic and lard, well beaten together. The hoarseness will leave by the morning.

*Jaundice.*

Take a small pill of Castile soap every morning, for eight or ten days; or beat the white of an egg thin, and take it morning and evening in a glass of water.

*To cure the Itch.*

Wash the parts affected with very strong rum; or anoint with black soap, and rub off soon, or wash off.



*King's Evil.*

Drink half a pint of strong decoction of devil's-bit daily for six weeks. This, if persevered in, will be found effectual. Or take as much cream of tartar as will lie upon a sixpence every morning and evening.

*Lameness from Contraction.*

Beat the yelk of a new-laid egg very thin, and add and beat up with it three ounces of water, a spoonful at a time. Rub this gently into the parts for a few minutes three or four times a day.

*To bring Hair upon bald Parts, either of  
Dogs or Cats.*

Take pounded gunpowder, and mix with an equal quantity of pork lard. Lay it on the part, letting it remain for four days; wash with warm water, and apply again. This recipe cured a poodle dog belonging to a lady, who readily paid a sovereign for the cure.

*High Fever or Delirium.*

This is often cured by applying a treacle plaster to the top of the head.

*Intermitting Fever.*

Drink warm lemonade at the commencement of every fit; or take a teaspoonful of oil of sulphur in a cup of balsam tea once or twice a day.

*Fever-pains in the Limbs.*

Take twenty drops of spirit of hartshorn in a cup of water two or three times in twenty-four hours; or drink largely of cinquefoil tea.

*Rash Fever.*

Drink a spoonful of the juice of ground ivy every hour. Use the decoction when you have not the juice.

*Slow Fever.*

The use of the cold bath for two or three weeks has cured many.

*To destroy Fleas and Bugs.*

Cover the floor of the room with leaves of alder, gathered while the dew hangs upon them. By adhering to these, the vermin are killed. Or powder stavesacre, and sprinkle it on the body or on the floor.

*To cure Phlegm.*

Take a spoonful of warm water, the first thing in the morning.

*Gout in the Stomach.*

Dissolve two drachms of Venice treacle in a glass of mountain. After drinking it, go to bed. It will relieve in an hour.

*Gout in the Foot or Hand.*

Apply a raw lean beef-steak, and change once in twelve hours.

*Gout in any Limb.*

Rub the part with warm treacle; then bind on a flannel smeared therewith. Repeat once in twelve hours.

*Scald Head.*

Anoint the head with Barbadoes tar, or apply white wine vinegar. Previously to using either of these, gently wash it with warm milk and water.

*Scorbutic Gums.*

Wash them daily with a decoction of Peruvian bark, adding a little tincture of roses, with solution of myrrh.

*Scurvy.*

Take tar water morning and evening for three months, or three spoonfuls of nettle juice every morning.

*Broken Shin.*

Bind an oak leaf upon it. This also cures cuts and deep pricks.

*Sickness in the Morning.*

Eat nothing after six in the evening; and, on going to bed, take barley water.

*Bilious Colic.*

Drink warm lemonade, or take a spoonful of salad oil every hour. This has cured a person on the point of death.

*To prevent ill effects from Cold.*

The moment a person gets into a house, with his hands or feet quite cold, let him put them into a vessel of perfectly cold water, and keep them there till they glow. This also prevents chilblains.

*Consumption.*

Boil two handfuls of sorrel in a pint of whey, strain it, and drink a glass three times

a day : or take a teaspoonful of white resin, powdered, and mixed with honey, morning and evening. This recipe, in a month, cured a person who was on the point of death.

*To prevent Corns.*

Frequently wash the feet in cold water, afterwards rubbing them quite dry.

*To cure Corns.*

Apply powdered chalk, mixed with water. This also cures warts. Some corns are cured by pitch plaster; or, after paring them closely, by applying bruised ivy leaves daily. This will cause the corn to drop out.

*Consumptive Cough.*

On lying down, keep a little stick liquorice, scraped as fine as horseradish, between the cheek and gums.

*To cure a Cut.*

Bind toasted cheese on ; or keep it closed for a quarter of an hour with the thumb, and then wrap in a rag, folded four times and dipped in cold water ; or pound grass and lay on, renewing it after a few hours.

*Tickling Cough.*

Keep a piece of barley-sugar or sugar-candy constantly in the mouth.

*Costiveness.*

Rise early in the morning ; take daily, two hours before dinner, a small teacupful of stewed prunes ; or live upon bread made of wheaten flour, with all the bran in it.

*To prevent the Cramp.*

Tie your garter smooth and tight under your knee at going to bed ; or take half a pint of tar water, morning and evening.

*To cure the Cramp.*

Hold a roll of brimstone in your hand. This seldom fails.

*Convulsions in Children.*

Scrape freshly-dug peony root. Apply what you have scraped off to the soles of the feet. It helps immediately.

*Deafness.*

Put a little salt in the ear ; or drop in about a teaspoonful of salt and water, or three or four drops of onion juice, at lying down, and put in a small piece of wool.

*Deafness from Wax.*

Frequently syringe the ear with warm water, or apply a little oil of almonds.

*Deafness with Dry Ear.*

Mix brandy and sweet oil, into which dip black wool, and put it into the ear. When it becomes dry, wash it well in brandy, and replace in the ear.

*Settled Deafness.*

Take a red onion, pick out the core, and fill up the place with oil of roasted almonds. Let it stand for one night, and then bruise and strain it. Put three or four drops into the ear morning and evening, and stop it with black wool.

*Dropsy.*

Let the swelled parts be rubbed, by a warm hand, with salad oil, for at least an hour each day; or apply green dock leaves to the joints and the soles of the feet, changing once a day.

*Drowning.*

Rub the trunk of the body completely with salt, till reviving.

*To restore the Voice.*

Take two spoonful of distilled water of the flower of lavender. This perfectly restores the voice.

*Melancholy.*

Take the distilled water of sea holly, when the leaves and stalks are young, of which drink moderately. It removes the melancholy of the heart.

*Memory.*

The leaves and roots of asarabaca, boiled in lye, and the head washed therewith, helps the memory.

*Weakness of the Brain.*

Take a handful each of rosemary, sage, marjoram, hyssop, the leaves and roots of betony, and the seeds and roots of ryony. Wash all these herbs, put them into a pottle of water, and let them seeth together until one half be wasted. Then take out the herbs, and add to the water half a pint of clarified honey, with a drachm of stechadoes tied in a linen cloth. Let it boil till the sweetness of the honey has gone; and then take out the stechadoes, adding a quarter of an ounce



of cinnamon and three well-bruised nutmegs to the liquor. Seeth them together for some time, and strain through a linen cloth. Take half a glassful, morning and evening.

*A good Medicine for the Liver.*

Take oil of roses and oil of wormwood, of each two ounces, and set them over the fire. When boiling, add an ounce and a half of fine mastic, and let it dissolve. Strain it while warm, make a plaster, and lay it on the side.

*To make a Nail grow on the Toe.*

Take cinquefoil, bray it with any grease, and lay it on the toe. This will restore the nail.

*Trembling of the Heart.*

Bray coral small in a mortar of brass; then searse and mingle it with sugar, beaten very fine. Take some of this powder morning and night.

*Good Medicine for the Heart.*

Take the powder of cloves, with the juice of borage, a spoonful at a time. The powders of ginger and cummin, placed in meat, is also good. Or frequently chew sorrel, swallowing the spittle.

*French Polish.*

Redden any quantity of fine shellac, beat to a powder, and place in a bottle of strong spirit of wine. Place the bottle in a heated room. Shake the liquid occasionally, till the shellac dissolves.

*Red Writing Ink.*

Boil two ounces of Brazil wood in a pint of water for a quarter of an hour, and add a little gum Arabic and alum.

*Indelible Writing Ink.*

Dissolve two drachms of pure nitrate of silver and one drachm of gum Arabic in seven drachms of distilled water.

*Ear-ache.*

Rub the ear hard for a quarter of an hour, or put in a roasted fig or onion as hot as can be borne.

*Noise in the Ears.*

Drop in the juice of onions, and bathe the back of the ear with warm water.

*Bland Eyes.*

Slowly drop into the eyes the juice of crab apples.

*Bloodshot Eyes.*

Gently blow in finely-powdered white sugar-candy.

*Blindness.*

This is often cured by cold bathing as frequently as possible.

*Films over the Eyes.*

Mix the juice of ground ivy with a little honey and two or three grains of bay salt. Drop it in morning and night.

*Sore Eyes.*

Drink eyebright tea, and wash the eyes with it.

*An excellent Eye-water.*

Put half an ounce of powdered lapis calaminaria into half a pint of water, French white wine, and as much rose water. Drop a little into the corners of the eyes. It cures soreness and weakness.

*Weak Eyes.*

Wash the head daily with warm water, afterwards wiping the hair very dry.

*Fistula.*

Apply a poultice of the fine leaves of rue, *well pounded*.

*Falling Sickness.*

Take half a pint of tar water morning and evening for three months; or use the colic bath for a month daily.

*Extreme Fatness.*

Use a totally vegetable diet—breakfast and sup on milk and water, and dine on turnip carrots, and other roots.

*A Fever.*

Take a large glass of warm tar water every hour; or thin water gruel, sweetened with honey, or two drachms of nitre in each quart.

*Rupture.*

Foment with hot aqua vitæ for two hours.

*Rupture in Children.*

Boil a spoonful of egg-shells, dried in an oven and powdered, in a pint of milk, and feed the child constantly with bread, boiled in this milk.

*To prevent the Plague.*

Eat marigold flowers daily, as a salve with oil and vinegar.

*To cure the Plague.*

Use lemon juice largely in everything which you partake.

*A Prick or Cut that Fester.*

Apply Venice turpentine frequently, and keep the cold from it.

*To prevent Rheumatism.*

Wear washed wool under the feet, and change frequently.

*To cure Rheumatism.*

Apply steam ; or rub in warm treacle, and apply brown paper, smeared therewith, to the part, changing frequently ; or drink half a pint of tar water morning and evening.

*An excellent Remedy for Toothache.*

Take a handful of ground ivy, one of spearmint, and one of salt. Mix together ; add one pint of vinegar, and boil over a slow fire, after which strain the mixture well ; put in bottle, and cork. When required for use, take a spoonful, and put in the side of the mouth that aches, holding down the cheek, that it may ascend to the roots of the aching tooth.



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